

Burgess Park 50K

Turn	At	Miles To Next	Miles So Far	Ft Climb To Next	Ft Climb So Far	Notes
	Burgess Park	0.0	0.0	0	0	Start!
R	Burgess Dr.	0.1	0.0	0	0	
L	Alma St.	0.5	0.1	10	0	Cross bike bridge into Palo Alto.
L	Palo Alto Ave.	0.7	0.6	0	10	Bear left at Bryant and again at Poe.
zig L	Middlefield Rd.	0.0	1.3	0	10	Very short zig left to continue on Woodland Ave.
R	Woodland Ave.	0.7	1.3	0	10	Follow San Francisquito Creek.
R	Woodland Ave.	1.1	2.0	0	10	Do not go straight onto Menalto Ave. Eventually cross University Ave.
R	Newell Rd.	1.2	3.1	0	10	Cross creek on narrow bridge. Eventually cross Embarcadero Rd.
L	N. California Ave.	0.3	4.3	0	10	T-intersection; you can't miss it.
R	Louis Rd.	2.0	4.6	10	10	Cross Oregon Expressway.
R	E. Charleston Rd.	2.0	6.6	80	20	Cross Alma St. and El Camino Real. Becomes Arastradero Rd.
L	Bike Path to Los Altos	0.5	8.6	0	100	After Terman M.S., before Gunn H.S., by Alta Mesa Cemetery.
R	Los Altos Ave.	1.4	9.1	100	100	
R	W. Edith Ave.	0.2	10.5	0	200	Cross Foothill Expressway.
L	Fremont Rd.	0.4	10.7	30	200	
R	Burke Rd.	0.3	11.1	30	230	Short hill.
R	Chapin Rd.	0.2	11.4	20	260	
S	Robleda Rd.	0.7	11.6	120	280	
R	Purissima Rd.	1.8	12.3	40	400	Parallel to I-280.
L	Arastradero Rd.	0.6	14.1	120	440	Go under I-280, then steep hill.
L	Page Mill Rd.	0.2	14.7	10	560	1-block zig.
R	Arastradero Rd.	2.0	14.9	230	570	Rolling with an uphill bias. Restroom, water at Arastradero OSP if needed.
L	Alpine Rd.	2.0	16.9	260	800	Perceptible uphill grade. Water in Triangle Park at corner of Portola Rd if needed.
R	Willowbrook Dr.	0.8	18.9	10	1,060	Short downhill.
L	Portola Rd.	2.7	19.7	10	1,070	
S	Sand Hill Rd.	0.8	22.4	40	1,080	
L	Whiskey Hill Rd.	1.4	23.2	120	1,120	Short hill.
R	CA84 (Woodside Rd.)	1.7	24.6	0	1,240	Downhill. Go under I-280 again.
R	Alameda de las Pulgas	1.7	26.3	40	1,240	
L	Valparaiso Ave.	2.0	28.0	0	1,280	Cross El Camino Real onto Glenwood Ave.
R	Laurel St.	0.7	30.0	0	1,280	Laurel St. is 2nd right after crossing train tracks.
R	Burgess Dr.	0.1	30.7	0	1,280	
R	Burgess Park	0.0	30.8	0	1,280	Done!