

Old La Honda and W. Alpine

Turn	At	Miles To Next	Miles So Far	Ft Climb To Next	Ft Climb So Far	Notes	Altitude'
	Gunn High School	0.1	0.0	0	0	Start!	100
R	Arastradero Rd	2.1	0.1	190	0		100
L	Page Mill Rd	0.2	2.2	10	190	1-block zig.	230
R	Arastradero Rd	2.0	2.4	230	200	Restroom, water at Arastradero OSP.	240
L	Alpine Rd	1.1	4.4	190	430		390
R	Portola Rd	2.9	5.5	30	620	Water at corner in Triangle Park.	580
L	Old La Honda Rd	3.3	8.4	1,320	650	Regroup at top (Skyline Blvd).	380
S	Old La Honda Rd	2.6	11.7	0	1,970	Cross Skyline Blvd (Hwy 35) and descend WOLH.	1,700
L	Hwy 84	3.9	14.3	0	1,970	<i>Caution: blind curve.</i> Sweeping descent to La Honda.	1,120
L	Pescadero Rd	1.1	18.2	110	1,970		350
R	Pescadero Rd	0.5	19.3	170	2,080	Bear right at fork, i.e., don't take Alpine Rd yet.	450
R	Sam McDonald Park	0.2	19.8	20	2,250	Regroup, water, restrooms at park.	620
L	Pescadero Rd	0.5	20.0	0	2,270	Return to Alpine Rd.	620
R	Alpine Rd	4.0	20.5	1,180	2,270	Moderate climb thru giant redwoods, then steep climb.	450
L	Alpine Rd	3.5	24.5	810	3,450	Regroup at top. Restroom in Russian Ridge parking lot.	1,590
S	Page Mill Rd	8.7	28.0	130	4,260	Cross Skyline Blvd (Hwy 35). <i>Descend carefully.</i>	2,250
R	Arastradero Rd	2.1	36.7	60	4,390		230
L	Gunn High School	0.1	38.8	0	4,450	Done!	100

R=Right, L=Left, U=U-turn, S=Straight, X=Cross

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